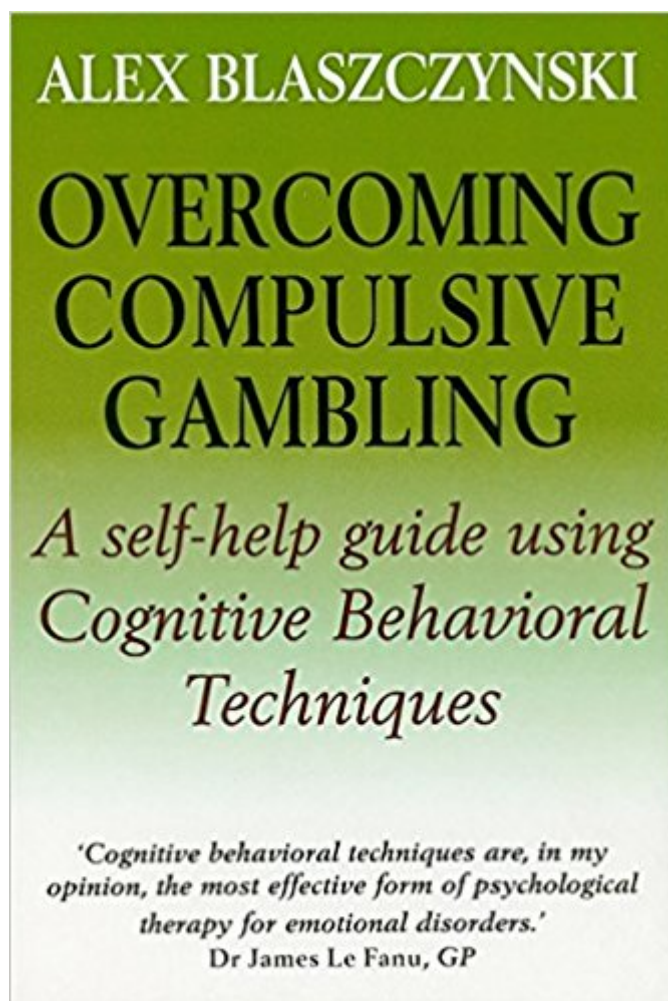


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Overcoming Compulsive Gambling (Overcoming Books)



Synopsis

Overcoming Compulsive Gambling has been developed as a self-help manual by Professor Alex Blaszczynski. He pioneered the cognitive behavioral techniques described in this guide, and they are now taught in countries all over the world. For those to whom gambling is not just a 'flutter' but a compulsion adversely affecting every aspect of life, for their families and friends, and for those working in the medical profession, this guide will prove indispensable.

Book Information

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Professor Alex Blaszczynski is a practising clinical psychologist and member of the Psychiatry Research and Teaching Unit, School of Psychiatry, University of New South Wales.

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